

# Time zone options

Note: Green fields indicate reasonable learning hours in the corresponding time zones, defined a 7:00 am through 10:00 pm.

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| **US Pacific Zone Time** | China, Taiwan, HK Time | Korea Time | Indonesia Time | India Time | UK, EU (+1h) Time | Saudi Arabia Time | Mexico Time | Brazil Time |
| **8:00 AM – 10:00 AM** | 11:00 PM – 1:00 AM | 12:00 AM – 2:00 AM | 10:00  PM – 12:00 AM | 8:30 PM – 10:30 PM | 4:00 PM – 6:00 PM | 6:00 PM – 8:00 PM | 10:00 AM – 12:00 PM | 12:00 PM – 2:00 PM |
| **10:00 AM – 12:00 PM** | 1:00 AM – 3:00 AM | 2:00 AM – 4:00 AM | 12:00 AM – 2:00  AM | 10:30 PM – 12:30 AM | 6:00 PM – 8:00 PM | 8:00 PM – 10:00 PM | 12:00 PM – 2:00 PM | 2:00 PM – 4:00 PM |
| **12:00 PM – 2:00 PM** | 3:00 AM – 5:00 AM | 4:00 AM – 6:00 AM | 2:00  AM – 4:00  AM | 12:30 AM – 2:30 AM | 8:00 PM – 10:00 PM | 10:00 PM – 12:00 AM | 2:00 PM – 4:00 PM | 4:00 PM – 6:00 PM |
| **2:00 PM – 4:00 PM** | 5:00 AM – 7:00 AM | 6:00 AM – 8:00 AM | 4:00  AM – 6:00  AM | 2:30 AM – 4:30 AM | 10:00 PM – 12:00 AM | 12:00 AM – 2:00 AM | 4:00 PM – 6:00 PM | 6:00 PM – 8:00 PM |
| **4:00 PM – 6:00 PM** | 7:00 AM – 9:00 AM | 8:00 AM – 10:00 AM | 6:00  AM – 8:00  AM | 4:30 AM – 6:30 AM | 12:00 AM – 2:00 AM | 2:00 AM – 4:00 AM | 6:00 PM – 8:00 PM | 8:00 PM – 10:00 PM |
| **6:00 PM – 8:00 PM** | 9:00 AM – 11:00 AM | 10:00 AM – 12:00 PM | 8:00  AM – 10:00 AM | 6:30 AM – 8:30 AM | 2:00 AM – 4:00 AM | 4:00 AM – 6:00 AM | 8:00 PM – 10:00 PM | 10:00 PM – 12:00 PM |
| **8:00 PM – 10:00 PM** | 11:00 AM – 1:00 PM | 12:00 PM – 2:00 PM | 10:00 AM – 12:00  PM | 8:30 AM – 10:30 AM | 4:00 AM – 6:00 AM | 6:00 AM – 8:00 AM | 10:00 PM – 12:00 AM | 12:00 AM – 2:00 AM |